



Potent enzyme blend

# Gastronex

Powerful ginger & wild spice concentrate

## The original wild spice-based digestive enzyme formula

Everyone who eats needs Gastronex. This supplement is crucial for ideal digestion.\* The spice extracts in Gastronex stimulate the flow of digestive juices. This flow is essential for the mixing and dissolving of foods. Then the potent enzymes in the formula digest the food.

The combination of ginger, coriander, and cardamom is ideal. These spices have been used for thousands of years to boost digestion. In particular, coriander contains caffeic and chlorogenic acids, which stimulate the flow of bile. Ginger stimulates the flow of stomach acid and thus aids in the digestion of protein. It also helps balance pancreatic secretions. Fenugreek is highly nourishing and calming to the gut. Thus, it too balances the digestive process, plus it boosts the production of pancreatic secretions. Furthermore, it is rich in substances known as steroidal saponins, which strengthen the adrenal glands. Cardamom contains therapeutic volatile oil, which helps create a state of balance throughout the entire intestinal canal.

Wild oregano blend (P73) is added for increased spice power. The legendary P73 blend of wild oregano is a potent source of minerals, phenols, esters and terpenes, plus it cleanses the gut of noxious germs.

Enzymes are added to assist the natural process of breaking down foods. This natural and powerful blend contains protease, amylase, lipase, cellulase, lactase, bromelain, and papain. These are all the highest quality, non-GMO, plant-source enzymes available.

**Directions:** For an ideal addition to any diet, with or without meals, take one or more capsules daily or as needed.



Manufactured in the US by North American Herb & Spice  
Exclusively distributed in the UK by: Lime Health | [orders@limehealth.co.uk](mailto:orders@limehealth.co.uk) | 020 3488 4407

This information is for trade use only